

OUTREACH

August 2020

Message from the Executive Director

By Elizabeth Nykorowytsch Macnab, CHRL

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Be safe, Be Well

It's hard to imagine that we've lived with COVID-19 through the spring and summer months. After constant messaging about staying in and staying apart, are you ready for the world to re-open? I wear my mask wherever I go. I put on disposable gloves and sanitize my hands as well. I also have wipes of every type in my purse and car. Through the State of Emergency, on Mondays I challenged myself to find places where no one goes. I have a selfie near the lake without anyone around. I support restaurants on, "take out Wednesdays" including a walk through their neighbourhood as part of my "outing". Bi-weekly I grocery shop in the early mornings. I also drive home taking roads which I've never travelled on. I enjoy connecting with others online and by phone; after five months, it has lost its appeal. In Stage 2, on a Saturday night it was time to really, "connect". The largest gathering has been with six friends, socially distancing in a back yard. When I go to a

friend's apartment building we sit six feet apart in her lobby, chatting over an Espresso. Friends drop in, bringing their own glassware, to reduce potential spread and to be environmentally conscious. Four corners of a patio are occupied as we enjoy our individual Mud Slide bottles. Living in a virtual world meant I am less physically active. I am now walking 3 times a day. I call stores to find out when they have fewer people. My shopping experience is more enjoyable. Shopping locally means no line-ups, and helps a small business. I've learned that I like to shop online. With curbside pick-up, it eliminates the checkout lanes and reduces contact. With precautions, I will start to go out more, to see friends and family.

Visit [facebook.com/OSSCO](https://www.facebook.com/OSSCO) **Learning** and share how you are dealing with the "new normal" in an age of COVID-19. Be safe, be well.

Ontario Society of Senior Citizens Organizations

La Société des Organisations des Citoyens Aînés de l'Ontario

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Rent it for cheap, really cheap

Supported by Bike Share Toronto



Ranked as one of the best cities to live and visit, Toronto is the largest city in Canada and the fourth largest in North America. Toronto is a multi-cultural centre for business, finance, and the arts. Explore all Toronto has to offer from restaurants, shopping, shows, museums, parks, and more! Biking is an enjoyable and cost-effective way to get around town while avoiding traffic, subway delays and taxi fares. Sightseeing is included at no extra cost! Bike Share Toronto is an excellent option for most people. See below for an explanation on how bike share works. Toronto also has options for traditional bike rentals, if that suits your needs better. While bike share has similarities to traditional bike rental, it has many advantages as well. The sturdy-framed bikes are available at any docking station in the city. The bikes can be taken from any station and returned to any station in the


bike share system. Bike share is perfect for short trips around town. Bike share is also perfect for longer trips. You can explore the city and return the bike to any docking station when you are finished sightseeing. Bike Share Toronto was created to provide both locals and visitors an enjoyable and cost-effective option to walking, taxis, and public transportation. With 625 stations and 6,850 bikes, Bike Share Toronto is the easiest way get around town and explore the city.

Purchase a pass at a station kiosk or by downloading the CycleFinder/PBSC app.

Register for an annual membership here. Receive a 5-digit code from the station kiosk upon purchase or via the CycleFinder/PBSC app. Enter your code into a dock with an available bike to unlock and ride. Enjoy unlimited 30-minute, station-to-station trips while your pass is active. After 30 minutes, overage fees apply. Return your bike to any station citywide to end your trip. To continue riding, request a new unlock code at a station kiosk by selecting "I Have a Pass" or through the CycleFinder/PBSC app by tapping a station on the map. Done! Now get riding today, **for more information contact <https://bikesharetoronto.com> or call (855) 898-2378**

Guided Tours are for you

Supported by Guided Toronto

Dedicated to showcasing the eclectic mix of cultures, styles, and flavours of Canada's largest city, Guided Toronto takes travellers beyond the obvious tourist spots for a glimpse at Toronto's vibrant heart. Guided Toronto is the brainchild of Gabrielle Nydam, a resident of the city's east-side Riverside neighbourhood and a travel industry veteran. After a career spent helping travellers explore the world's great destinations on curated guided tours, she has focused her passion for discovery onto the urban delights and multicultural splendour of her own backyard. Guided Toronto's Travel Planners and expert guides ensure that we offer a unique insider look to the city we call home. We know the North and you'll love where we take you. Discover Toronto's roots on this two-hour walking tour that traces the city's beginnings as York, the second capital of Upper Canada, and charts its journey into the multicultural metropolis it is today. Depart at the bustling Union Station and financial district, the tour introduces travellers to the iconic landmarks of Old Toronto, from St. Lawrence Markets to City Hall. **Visit their website  guidedtoronto.com**

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Bottle of wine anyone?

Supported by Konzelmann Estate Winery



Konzelmann is Niagara's only lakefront winery, located on the shores of Lake Ontario. The Winery began in the small German town of Uhlbach, near the turn of the 19th century. A restaurateur named Friederich Konzelmann left the culinary trade to pursue the craft of winemaking. Bolstered from previous success in producing house wines for his restaurants, Friederich officially released his first vintage to the public in 1893. He would eventually produce 200,000 litres of excellent wine per year from an array of Germany's celebrated aromatic varietals. The winery was expanding and the demand for his product was increasing more quickly than the land could sustain. Contracts with growers were becoming increasingly costly and the price of buying additional land was high. A recreational trip through the wilderness of British Columbia seeded a profound love

of the land and rumours of fledgling wine operations in Ontario and the Okanagan perked Herbert's imagination. Subsequent visits produced evidence that Canada's wine potential had been drastically underestimated by most of the world. Want a tasting experience? Your seated tasting includes three 1-oz samples of premium VQA wines of your choice, including red, white, rosé and our famous peachwine!

All starting from \$10, contact them at, <https://konzelmann.rezdy.com/399573/new-tasting-experience>

Drive ins are open!

Supported by Premier Theatres

If you are planning to go for a drive why not head out to Sharon, Ontario. Premier Theatres' stardust location is now playing drive in movies. The Allen family has been involved in the movie theatre business in Canada for many decades. The Allens managed to build the finest and largest circuit in the world by 1920. Premier Operating Corporation Limited and its subsidiaries and affiliates are the current remaining parts of the Allen organization. The companies in the group are Canadian-controlled private corporations and are owned, managed enterprises. Premier has been involved with the Drive-in theatre market since 1960,

when it purchased the 5Drive-in in Oakville Ontario. Currently the company owns and manages theatres in Oakville, London, Hamilton, Newmarket. Additionally Premier own a theatre in Yellowknife. **For more information contact premiertheatres.ca/stardust**

Wheelchair accessibility fun in the city

Supported by Spin the Globe



The Toronto Railway Museum is dedicated to preserving the physical legacy, history and experience of rail transportation in Toronto and Ontario. Less than half km away is Ripley's Aquarium. Explore the Waters of the World at Ripley's Aquarium of Canada. Located in the heart of downtown Toronto at the base of the CN Tower, the aquarium is Toronto's must-see attraction. And while your at it when is the last time you have seen this fast developing city from an aerial view? CN Tower offers a great view. **For more contact spintheglobe.net/dir/2019/07/30/wheelchair-accessible-toronto/**

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