

# LEARNING TOGETHER

## How does dementia impact you?

A free online 3-part series for family caregivers

- **Dementia and Caregiver Stress**

JANUARY 27, 2020

- **Communication and the Changing Relationship**

FEBRUARY 3, 2020

- **Caregiver Isolation and Identity**

FEBRUARY 10, 2020

1:00 PM - 2:15 PM



Connect with other caregivers across Ontario in a video-conference interactive education series led by clinical experts from the Reitman Centre at Mount Sinai Hospital, Sinai Health.



**Gita Lakhanpal,**  
OT Reg(Ont), R.P., MES  
Educator,  
Mental Health Clinician



**Dr. Rhonda Feldman,**  
PhD, CPsych  
Mental Health Clinician

**Register Online at:**

<https://www.dementiacarers.ca/learning-together>



**Sinai  
Health**

Cyril & Dorothy, Joel & Jill  
Reitman Centre for Alzheimer's  
Support and Training