



Ontario Society of Senior Citizens Organizations  
*La Société des Organisations des Citoyens Aînés de l'Ontario*



The Wexford Residence Inc.



# Aging with good sense



11.00 am - 12.00 pm

Monday August 26<sup>th</sup> 2019



At The Wexford Residence Inc.

1860 Lawrence Ave. East,  
Scarborough

Activity Room



Join the workshop to explore  
many facets of life common to  
wellbeing in seniors!

Contact Bijaya for registration via:

416.701.2506 or [bsingh@thewexford.org](mailto:bsingh@thewexford.org)